



Teen Parenting Resource List

Resources are free of charge, unless otherwise noted. All priced items must be prepaid.
Order directly from contact listed.

Resources available exclusively from the MOAPPP InfoExchange (651) 644-1447/(800) 657-3697 (Greater MN); online at www.moappp.org

Adolescent Sexual Health Reports feature state and county-specific statistics on teen pregnancy and births, sexually transmitted diseases, and public assistance, and MN Student Survey results.

The Impact of Teen Parenting on MFIP is MOAPPP's annual compilation of data on the costs of teen parenting to Minnesota's welfare programs. Data is broken down by county.

Facts for Teens About... fact sheet written for teens, with information about adolescent sexual activity, contraceptive use, pregnancy and birth statistics, the consequences of teen childbearing, and sexually transmitted diseases.

Dollars and Sense fact sheet written for teens, with estimated costs of raising a baby for one year, projected income for a teen parent, and the cost of birth control.

The Facts, a series of fact sheets highlighting key information and statistics about the relationship between adolescent pregnancy and other social problems experienced by Minnesota adolescents. Includes poverty, high risk and teen pregnancy

Get Started! MOAPPP's Teen Pregnancy Puzzle Community Organizing Guide. A resource and training manual for new and existing community coalitions and professionals. \$20.00.

Resources available from the Federal Government

Teenage Births in the United States: National and State Trends. Check website for most recent reports or contact:
▶ Data Dissemination Branch, National Center for Health Statistics, Centers for Disease Control and Prevention, 6525 Belcrest Road, Room 1064, Hyattsville, MD 20782-2003. (301) 436-8500. www.cdc.gov/nchswww

Research and Statistics

Making the Link: Pregnancy Prevention and the New Welfare Era (1999).

Tapping TANF for Reproductive Health or Teen Parent Programs (1999).

The TANF Funding Stream: When and How Welfare Funds Can Support Reproductive Health or Teen Parent Initiatives (1999).

Tapping TANF: When and How Welfare Funds Can Support Reproductive Health or Teen Parent Initiatives (1999).

One Out of Every Five: Teen Mothers and Subsequent Childbearing (1998).

Teen Parent Provisions in the Personal Responsibility and Work Opportunities Reconciliation Act of 1996 (1996).

▶ Center for Law and Social Policy, 1616 P Street NW, Suite 150, Washington, DC 20036. (202) 328-5140. www.clasp.org

Kids Having Kids: A Robin Hood Foundation Special Report on the Costs of Adolescent Childbearing.

▶ NOAPPP, 2401 Pennsylvania Ave. NW, Suite. 350; Washington, DC 20037. (202) 293-8370. www.noappp.org

Improving Outcomes for Teen Parents and Their Young Children by Strengthening School-Based Programs: Challenges, Solutions and Policy Implications (1999).

Seeking Supervision: Local Implementation of the TANF Minor Teen Parent Living Arrangement Rule (1999).
School-Based Programs For Adolescent Parents and Their Young Children: Guidelines For Quality and Best Practice (1996).
▶ Center for Assessment and Policy Development, 111 Presidential Blvd., Ste. 234, Bala Cynwyd, PA 19004. (610) 664-4540. www.capd.org.

Welfare Reform and Teen Parents: An Issue Brief (1996).

A Mentor Manual: For Adults Who Work with Pregnant and Parenting Teens (1995).

▶ Child Welfare League of America, 440 1st Street NW, 3rd Floor, Washington DC, 20001. (202) 638-2952. www.cwla.org.

The Best Intentions: Unintended Pregnancy and the Well-Being of Children and Families (1995). \$29.95.

Losing Generations: Adolescents in High Risk Settings (1995). \$19.95.

▶ National Academy Press, 2101 Constitution Avenue NW, Box 285, Washington, DC 20055. (800) 624-6242. www.nap.edu.

Postponing Second Teen Births in the 1990s: Longitudinal Analyses of National Data (1998).

Childbearing By Teens: Links to Welfare Reform (1998).

Nonmarital school-age motherhood: Family, Individual, and School Influences (1997).

Breaking the Cycle of Disadvantage: Ties Between Educational Attainments, Dropping Out, and School-Age Motherhood.

Positive Educational Outcomes Among School-Age Mothers (1996).

Facts at a Glance, a fact sheet on teen fertility in the United States, includes birth rates for each state and major city.

▶ Child Trends, Inc., 4301 Connecticut Avenue NW, Suite 100, Washington, DC 20008. (202) 362-5580.

www.childtrends.org

Customized directories and bibliographies of organizations and resources related to adolescent parenting.

▶ National Maternal and Child Health Clearinghouse, 2070 Chain Bridge Rd. Ste. 450, Vienna, VA 22182 (888) 434-4MCH.

Catalog available or visit www.nmchc.org.

Teen Parenting Curricula

You Can Help Pregnant and Parenting Teens, teachers guide (\$7.95) and curriculum guide (\$24.95).

Will the Dollar Stretch? Teen Parents Living On Their Own (\$6.95).

Teens Parenting Series Curriculum Guide: Your Pregnancy and Newborn Journey: Your Baby's First Year: The Challenge of Toddlers: Discipline from Birth to Three: Teen Dads: Rights, Responsibilities, and Joys (\$29.95).

▶ Morning Glory Press, 6595 San Haraldo Way, Buena Park, CA 90620-3748. (888) 612-8254. www.morningglorypress.com

Growing Together, 6-video series and leader's manual for teaching young parents basic parenting skills, including safety, nutrition and health, physical, emotional, and social development. \$299.95 per set; or \$59.95 each.

▶ American Guidance Service, 4201 Woodland Road, P.O. Box 99, Circle Pines, MN 55014-1796. (800) 328-2560

MELD for Young Moms, program replication and training.

MELD for Young Dads (ages 15-25), program replication and training.

MELD African American Young Mothers Curriculum.

▶ MELD, 123 North Third Street, Suite 507, Minneapolis, MN 55401. (612) 332-7563. www.meld.org.

Young fathers

New Expectations: Community Strategies for Responsible Fatherhood (1995).

▶ The Fatherhood Project, Families and Work Initiative, 330 Seventh Avenue, New York, NY 10001. (212) 465-2044.

Disconnected Dads: Strategies for Promoting Responsible Fatherhood (1995). \$10.00.

▶ Family Impact Seminar, 1730 Rhode Island Avenue, N.W., Suite 209, Washington, DC 20036. (202) 496-1964.

Teen Dads: Rights, Responsibilities and Joys.

▶ Morning Glory Press, 6595 San Haraldo Way, Buena Park, CA 90620-3748. (888) 612-8254. www.morningglorypress.com

Adoption

Pregnant? Adoption is an Option -- Making an Adoption Plan for a Child by Jeanne Warren Lindsay (1996). \$11.95.

► Morning Glory Press, 6595 San Haroldo Way, Buena Park, CA 90620-3748. (888) 612-8254. www.morningglorypress.com.

How to Make Adoption an Affordable Option (1997). \$5.95

► Child Welfare League of America, 440 1st Street NW, 3rd Floor, Washington DC, 20001. (202) 638-2952. www.cwla.org.

Intergenerational Parenting

School-Age Parents: The Challenge of Three-Generational Living by Jeanne Warren Lindsay. \$10.95.

► Morning Glory Press, 6595 San Haroldo Way, Buena Park, CA 90620-3748. (888) 612-8254. www.morningglorypress.com.

Older Adults Caring for Children: Intergenerational Child Care. \$15.00

► Generations United, 440 First Street, NW, Suite 480, Washington, DC 20001-2085. (202) 662-4283.

Three Generation Living, a newsletter for families with an adolescent parent and child living at home.

► Anoka-Hennepin District #11, Early Childhood Family Education Program, 2727 North Ferry Street, Anoka, MN 55303. (612) 506-1540.

Recommended Reading (contact your local bookstore)

Kids Having Kids: Economic Costs and Social Consequences of Teen Pregnancy. Rebecca Maynard, ed. Washington, DC: The Urban Institute Press, 1997.

Luker, Kristin. *Dubious Conceptions: The Politics of Teenage Pregnancy*. Cambridge, MA: Harvard UP, 1996.

Musick, Judith S. *Young, Poor and Pregnant: The Psychology of Teen Motherhood*. New Haven: Yale UP, 1993.

MN-Specific Contacts

Minnesota Housing Finance Authority, (651) 296-8215, www.mhfa.state.mn.us, for information on subsidized housing.
MN Department of Human Services, (651) 296-6117, www.dhs.state.mn.us, for information on MFIP and other income support programs.

MN Department of Children, Families and Learning, (651) 296-6104, www.children.state.mn.us, for general information on educational resources.

MN Department of Health, (651) 623-5000, www.health.state.mn.us, for information about WIC, health care and mental health services.

Useful Websites

Advocates for Youth, www.advocatesforyouth.org, provides information and advocacy materials to help promote healthy decision making about sexuality.

The Alan Guttmacher Institute, www.agi-use.org, provides data about teen pregnancy and parenting.

The National Fatherhood Initiative, www.fatherhood.org, provides information about how to encourage fathers to be involved in their children's lives.

Compiled by the
Minnesota Organization on Adolescent Pregnancy Prevention and Parenting (MOAPPP)
July 2000

For more information or resources, contact the MOAPPP InfoExchange
1619 Dayton Avenue, Suite 111 ♦ St. Paul, MN 55104
(651) 644-1447 ♦ (800) 657-3697 in MN
moappp@moappp.org ♦ www.moappp.org