

Presenters

- Minnesota Fathers & Families Network
- Prevent Child Abuse Minnesota
- Minnesota Prevention Resource Center
- Minnesota Organization on Adolescent Pregnancy, Prevention and Parenting
- University of Minnesota Extension
- Department of Human Services Children's Trust Fund
- Also sponsored in part by MAPCC (Minnesota Alcohol, Tobacco and Other Drug Prevention Coordinating Council) and the Minnesota Initiative Foundations

Co-parenting is important! Well-coordinated co-parenting during the child's first year of life has been found to predict better child adjustment in later years, while distressed co-parenting predicts later child problems. – University of Florida

Register online at www.pcamn.org



**Prevent Child Abuse
Minnesota**



Home of Circle of Parents®
1821 University Avenue West
Suite 202-South
Saint Paul, Minnesota 55104



2009 Regional Workshops for Professionals & Community Leaders

We Can Parent Together

Tools for engaging fathers,
mothers, and others
in co-parenting



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Today's children are Minnesota's future leaders, parents, and workers. We all have a part to play in building healthier kids and families and in laying a strong foundation for our future.

Co-Parenting

Description

When parents are consistent and support each other in the task of parenting, children benefit. This workshop presents the basics and benefits of co-parenting, and offers strategies and best practices to utilize in supporting any family working to raise children in a healthy, safe environment. Specific focus will be given to the unique challenges of divorcing and never-married parents, adolescent parents, and the important role parents play in preventing substance abuse among adolescents.



Register online at www.pcamn.org. CEUs will be available. If you have questions, please contact Ka Youa Vue at 651-523-0099 or 800-621-6322. You may also email her at kvue@pcamn.org.

Objectives

- Understand the co-parenting relationship and how it differs from the couple relationship
- Learn how to implement strategies and tools to help parents improve their co-parenting relationship
- Learn how to talk about the importance of fathers and how to support mothers in engaging fathers
- Understand the unique issues and needs of teen parents
- Assist in empowering parents with prevention strategies and tools specific to substance abuse and dependence
- Understand how all the strategies presented can help prevent child abuse and neglect before it happens
- Participate in the unveiling of our new web-based co-parenting toolkit for professionals and parents



Cost *(includes lunch and snacks)*

\$30 Non-member

\$20 Member of a CAPC, Circle of Parents® Group, Early Childhood Initiative, MFFN, Thrive Initiative, MPRC, or MOAPPP

Time/Dates/Locations

10:00 am to 3:00 pm

- Thursday, **September 24**, West Central Initiative Community Room, 1000 Western Avenue, **Fergus Falls** 56537
- Friday, **September 25**, Beltrami Electric Cooperative Community Room, 4111 Technology Dr NW, **Bemidji** 56601
- Wednesday, **September 30**, MDH Snelling Office Park, Mississippi Room, 1645 Energy Park Drive, **Saint Paul**, 55108
- Wednesday, **October 14**, Hermantown Public Safety Facility Training Center, 5111 Maple Grove Road, **Hermantown** 55811
- Thursday, **October 22**, Hy-Vee, 1620 S. Cedar Avenue, **Owatonna** 55060
- Tuesday, **October 27**, Dakota County Northern Service Center, 1 Mendota Road West, Suite 410, **West St. Paul** 55118
- Friday, **October 30**, Initiative Foundation Community Room, 405 1st Street SE, **Little Falls** 56345
- Thursday, **November 5**, Pizza Ranch, 1360 E. Bridge Street, **Redwood Falls** 56283