



Application for Training/Technical Assistance Partnership  
Deadline for Submission: Friday, March 20, 2009

### Project Overview

Minnesota Organization on Adolescent Pregnancy, Prevention, and Parenting (MOAPPP) is seeking three to five youth-serving agencies to participate in a training and technical assistance (TA) partnership through September 2010. During this period, MOAPPP will provide support for partner agencies to prevent adolescent pregnancy and STI/HIV through implementation of science-based approaches (SBAs).

Increasingly, funders and stakeholders are demanding evidence of program effectiveness and outcomes. This project will provide support to selected agencies in reaching and demonstrating positive youth outcomes.

### Project Background

MOAPPP is one of nine states, four regional training centers, and three national organizations funded by a Centers for Disease Control and Prevention (CDC) Cooperative Agreement to *Promote Science-Based Approaches to Prevent Teen Pregnancy*.

Using a process called Getting to Outcomes, MOAPPP will help the selected sites:

- Conduct a community needs assessment
- Create goals and objectives to steer program implementation
- Receive curriculum training
- Develop an evaluation plan and surveys
- Assist in program start-up
- Create a strategy for program sustainability

Read more information about the CDC project, including Getting to Outcomes, [here](#). This partnership with MOAPPP is an opportunity to improve your adolescent pregnancy prevention programming, while being recognized by MOAPPP, the CDC, and our national partners as a leader in implementing science-based approaches. Funding will be available to each selected agency to support training and TA activities around the chosen program. Special consideration will be given to agencies that are willing to implement a science-based program that fits their population.

Science-based programs (SBPs) are those that research has shown to be effective in changing at least one of the following behaviors that contribute to early pregnancy and/or STI/HIV infection:

- Delaying sexual initiation
- Reducing the frequency of sexual intercourse
- Reducing the number of sexual partners
- Increasing the use of condoms and other contraceptives

More information about science-based programs, including a list of such programs, can be found on MOAPPP's [Science-Based Programs page](#). Also see [Emerging Answers 2007](#) or [Science and Success](#) for additional lists.

SBPs are evaluated using a rigorous research design, which includes the following:

- Using an experimental or quasi-experimental evaluation design
- Measuring knowledge, attitude, and behavior
- Having an adequate sample size
- Collecting data from both groups at three months or later after intervention
- Using sound research methods and processes
- Replicating in different locations and finding similar evaluation results
- Publishing results in a peer-reviewed journal

### **Responsibilities of MOAPPP**

MOAPPP will offer selected sites a range of training and TA opportunities. Specifically, MOAPPP will help organizations:

- Identify current research and data on adolescent pregnancy, adolescent births and HIV/STI
- Develop and/or implement community or organizational needs assessments
- Identify needs and resources in the community to address adolescent pregnancy, HIV/STI prevention
- Create a logic model to outline the specific health goals, sexual risk-taking behaviors, and risk and protective factors that your program will address
- Assess which science-based program will best fit with your organization or program setting
- Assist in planning the implementation of the curriculum
- Develop appropriate evaluation plans and tools for process and outcome evaluation of the selected program
- Implement and analyze the evaluation plan and tools
- Develop a plan for sustainability of the program

As a partner in this project, MOAPPP will also provide the following to its selected agencies:

- Materials and curriculum that your agency will be implementing with youth
- Travel and lodging (if needed) to attend curriculum training
- Opportunities for agency staff to receive TA and/or training from national consultants and experts
  - Past trainings have included Developing Programs that Fit Your Youth, Building Programs that are Ready for Evaluation, and Teen Pregnancy Prevention 101

- Future curriculum trainings include Teen Outreach Program (TOP), Making Proud Choices, Cuídate, Safer Choices, Becoming a Responsible Teen (BART) and Reducing the Risk, as well as Becoming Indispensable: Ensuring Program Sustainability
- Monthly TA calls/visits
- Access to academic and research articles on adolescent reproductive and sexual health
- Scholarships for registration fees and travel for two representatives from each agency to attend relevant professional development opportunities, trainings and events sponsored or promoted by MOAPPP
- Statewide networking opportunities with other youth-serving professionals and organizations

### **Instructions for Submitting a Proposal:**

**Due Date: Friday, March 20, 2009 by 4:00 p.m.** You will receive a confirmation of receipt on Monday, March 23.

### **Questions?**

All inquiries may be directed to Shari Plowman at 612-626-2983 or [plow0014@umn.edu](mailto:plow0014@umn.edu).

Agencies interested in being considered for this opportunity should complete the following application and return it as an e-mail attachment no later than **Friday, March 20, 2009 by 4:00 p.m.** to Jill Farris at [jill@moappp.org](mailto:jill@moappp.org).

Please keep your responses to no more than six (6) pages total.

If your agency has been selected as a finalist, MOAPPP will meet with your agency to further discuss project expectations and to answer any questions. MOAPPP will notify the selected agencies no later than April 3, 2009. Staff from the partner agency will be expected to complete a needs and capacity assessment survey within the first 30 days of partnership to comply with MOAPPP's project evaluation.

### **Selection Criteria**

Each proposal will be evaluated based on the applicant's organizational commitment to address adolescent pregnancy and STI/HIV prevention using science-based approaches/programs, strong leadership capacity and readiness to implement a work plan, ability and willingness to implement a program with fidelity or make appropriate adaptations, staff capacity to successfully implement the program and necessary funding to sustain the program.

Special consideration will be given to organizations that implement programs with:

- ✓ Youth of color
- ✓ Youth in foster care
- ✓ Youth in the juvenile justice system
- ✓ Youth in rural communities
- ✓ Lesbian, gay, bisexual, transgender, questioning (LGBTQ) youth

## *Application for Training/Technical Assistance Partnership*

Name of Primary Contact:
Title:
Agency:
Mailing Address:
Street
City
Zip code
Phone:
E-mail:

Type of organization:

- Health care facility
- Community-based organization
- Faith-based organization
- School or school district
- Other: (Please describe)

Organization Mission Statement and Background:

<b>1. Does your agency work with adolescents?</b>
<i>If Yes:</i>
a. How many youth are served each year by your program?
b. What ages are the youth your program serves?
c. Please describe the youth you serve.
<i>If No:</i>
Is your agency planning to work with youth in the coming year? If so, in what way?

<b>2. Is your agency currently working in the area of adolescent pregnancy prevention, HIV/STI prevention and/or general adolescent sexual health?</b>
<i>If Yes:</i>
a. How long has your agency worked in these areas?
b. Please describe the programs, activities, or services that your agency delivers to youth regarding these areas.
c. Describe your organization's commitment to address adolescent pregnancy and STI/HIV prevention using science-based approaches/programs
<i>If No:</i>
a. How would you describe your agency's capacity and level of readiness to work on adolescent pregnancy prevention in the coming year?
b. What programs are you interested in providing and where?
c. Describe your organization's commitment to address adolescent pregnancy and STI/HIV prevention using science-based approaches/programs

3. Please describe the need for adolescent pregnancy/HIV/STI prevention and/or adolescent sexual health services and programs in your community.

**4. Please answer the following questions about your agency:**

- a. Who will be the staff member working directly with MOAPPP on this project?
- b. Is your agency willing to critically examine current program(s) and make improvements or changes to enhance the efficacy and impact of the program?
- c. Is your agency willing and able to select and implement a science-based program (SBP)? Please provide examples of possible challenges or barriers to implement the SBP and strategies to overcome them.
- d. How would you describe your agency's capacity and infrastructure to deliver SBPs with fidelity or make appropriate adaptations?

**5. Please provide information on the following:**

- a. A description of the population to be served
- b. The setting in which the program will be implemented
- c. Describe your agency's leadership capacity and readiness to implement a workplan
- d. Sources of financial support for implementation of the program
- e. Any partner organization(s) that will work with you on this project. Letters of support may be included as attachments, which do not count toward the 5-page limit.

6. Why should your agency be chosen for this training and technical assistance partnership?