

You're invited to become . . .

a Parent Warmline Volunteer

A unique, rewarding and professionally enriching experience

Parent Warmline is a **free** telephone service designed to enhance parent-child interaction. It is sponsored by Children's Hospitals and Clinics of Minnesota.

Warmline volunteers provide parents with person-to-person support, practical advice and resources about parent-child relationships and the behavior and development of children from infants to teens.

Volunteer Experiences:

- Work one shift per month from 8-1 or 1-6 on weekdays or 8-12 on Saturday or 12-4 on Sunday.
- Reply, within about two hours, to the concerns placed by a parent on the Children's Hospital Parent Warmline voice mail system.
- Take the parent's message off of the voice mail, and return their call from a place convenient to the volunteer (home or away - volunteers do not come to the hospital to return calls.)
- Lend a listening and supportive ear and offer practical tips to parents to enhance their thinking about their child's (infant to teen) development and behavior.
- Write a brief report of the conversation.
- Network with colleagues committed to enhancing parent-child relationships.
- Enjoy the benefits of volunteering at Children's Hospitals and Clinics, such as receiving continuing education in child development, and parent education
- Earn clock hours for Warmline service.
- Receive a monthly Warmline Newsletter, with current resources.

Volunteer Requirements:

- **Minimum:**
 - Baccalaureate degree in child development or related field
 - Practical experience working with parents and/or children
 - Willingness to commit to one year of Parent Warmline service
 - Available to respond to calls for one shift per month: 4hr (weekend) or 5hr (weekday)
 - Complete a one page application form and obtain one reference (also a one page form)
- **Desired:**
 - MN parent education license or courses in parent-child relationships

Volunteer Development:

- Comprehensive orientation to Parent Warmline
(Scheduled at the volunteer's convenience. Held at St. Paul Children's Hospital)
- Initial supervision
- Professional Development Seminars on 3 Saturday mornings throughout the year (voluntary)

For Information and to request an application:

Call or write: Marty Rossmann, Parent Warmline Coordinator rossm001@umn.edu or 651-690-4370