

One-Day Conference

Preconception Care

Conference

*A Lifespan Approach to
Reproductive Health:
Getting it Right*



Friday, October 5, 2007

Minnesota Department of Health
Snelling Office Park
1645 Energy Park Drive
St. Paul, MN 55108

Sponsored by:

Center for Leadership Education in Maternal and Child Public Health,
University of Minnesota; Deborah E. Powell Center for Women's Health,
University of Minnesota; March of Dimes; Minnesota Department of Health

Conference Goal

This conference will present preconception and interconception care as a continuum approach to health across the lifespan. The long-term goal of the conference is to achieve comprehensive, integrated health care for all Minnesota women of reproductive age, while the near-term goal is to advance Minnesota's healthcare system further towards such integrated care.

Educational Objectives

Upon completion of this conference, participants should be able to:

- Identify two preventable health conditions which may be influenced by preconception/interconception care;
- Identify two methods of integrating preconception care into existing healthcare services for people of reproductive age;
- Identify the components of a successful preconception care model;
- Identify two systems barriers to the incorporation of preconception care into primary health care for people of reproductive age; and
- Develop three messages directed towards policy makers to educate them about systems and public policy barriers to preconception care.

Who Should Attend

Health care providers, nurses, public health professionals, researchers, allied health students, health administrators, policy makers, and staff from HMOs, human service agencies and community organizations.

Conference Location

The conference will be held at the Minnesota Department of Health's Snelling Office Park, 1645 Energy Park Drive, St. Paul, MN. For directions and a map go to: <http://www.health.state.mn.us/about/sop.html>.

Accreditation

Physicians

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of Minnesota, the March of Dimes and the Minnesota Department of Health. The University of Minnesota is accredited by the ACCME to provide continuing medical education for physicians.

The University of Minnesota designates this continuing medical education activity for a maximum of 7.0 AMA PRA Category 1 credit(s). Physicians should claim credit commensurate with the extent of their participation in this activity.

Nurses

This activity is designed to meet the Minnesota Board of Nursing's continuing education requirements for 7.50 contact hours for registered nurses. Nurses are responsible for determining whether this activity meets the requirements for acceptable continuing education credits.

Disclosure Policy

It is the policy of the University of Minnesota's Office of Continuing Medical Education to ensure balance, independence, objectivity and scientific rigor in all of its sponsored educational activities. All participating faculty, course directors, and planning committee members are required to disclose any financial relationships related to the subject matter of this program. Disclosure information is reviewed in advance in order to manage and resolve any possible conflicts of interest. Specific disclosure information for each course faculty will be shared with the audience prior to the faculty's presentation.

The sponsors of this conference are committed to the policy that all persons shall have equal access to its programs, facilities, and employment without regard to race, creed, religion, color, sex, age, marital status, disability, public status, veterans status, or sexual orientation.

CONFERENCE FACULTY

Ken Bence, MHA, MBA, Director, Community Health Initiatives for State Public Programs, Medica

Arlene S. Cullum, MPH, Director, Women's and Children's Services Regional Program Department, Sutter Medical Center, Sacramento, CA

Maggie Diebel, RN, MPH, Director, Community and Family Health Division, Minnesota Department of Health

Edward P. Ehlinger, MD, MSPH, Director and Chief Health Officer, Boynton Health Services, University of Minnesota

Anisa Esse, Community Health Worker, Minnesota International Health Volunteers

Dorii Gbolo, BSN, PHN, RN, CEO and Executive Director, Open Cities Health Center

Margaret Anderson Kelliher, MPA, Speaker of the House, Minnesota House of Representatives

Esther Maki, RN, MS, PHN, Alcohol Exposed Pregnancy Prevention Project Coordinator, Minnesota Department of Health

Patricia McGovern, PhD, MPH, RN, Professor, University of Minnesota, School of Public Health, Division of Environmental Health Sciences

Tanya E. Melnik, MD, Assistant Professor, Department of General/Preventive Medicine, Medical School, University of Minnesota

Merry K. Moos, RN, FNP, MPH, FAAN, Professor, Maternal Fetal Medicine Division, Department of Obstetrics and Gynecology, University of North Carolina

Margaret Moss, RN, DSN, JD, Associate Professor, Director of Inclusivity & Diversity, School of Nursing, University of Minnesota

Tracy Prosen, MD, MS, Assistant Professor, Maternal-Fetal Medicine and Clinical Genetics, Department of Obstetrics, Gynecology and Women's Health, Medical School, University of Minnesota

Jeff Schiff, MD, MBA, Medical Director, Minnesota Health Care Programs; Physician, Children's Hospitals & Clinics

Jamie Stang, PhD, MPH, RD, Assistant Professor, Division of Epidemiology and Community Health, School of Public Health, University of Minnesota

Michele Van Vranken, MD, Physician, TeenAge Medical Services; Medical Director, Annex Teen Clinic and West Suburban Teen Clinic

ACKNOWLEDGEMENTS

Appreciation is expressed to the following agencies and organizations for their professional expertise and education grants/fees that are helping to support this conference: Department of Human Services; Hennepin County Medical Center / Hennepin Faculty Associates; Medica; St. Paul Ramsey County Department of Public Health; Twin Cities Healthy Start; University of Minnesota Children's Hospital - Fairview.

CONFERENCE SCHEDULE

OCTOBER 5, 2007

7:30	Registration
8:00	Welcome <i>Maggie Diebel</i>
8:10-9:30	Preconception Care as Primary Care <i>Merry K. Moos</i>
9:30-10:00	Break
10:00-11:00	California Preconception Care Initiative <i>Arlene Cullum</i>
11:00-12:00	Breakout sessions A. Preconception Care and Adolescents <i>Michele Van Vranken</i> B. The Importance of Family Planning to Preconception Care <i>Tanya E. Melnik</i> C. African-American and American Indian Perspectives <i>Dorii Gbolo</i> <i>Margaret Moss</i>
12:00-1:15	Lunch
1:15-2:15	Breakout sessions A. Genetics and Preconception Health <i>Tracy Prosen</i> B. The Challenge to Change in Women Who Drink Too Much <i>Esther Maki</i> C. Latino and Somali Perspectives <i>Anisa Esse</i> <i>TBD</i> D. Healthy Weight and Preconception Care <i>Jamie Stang</i>
2:15-2:30	Break
2:30-4:00	Interdisciplinary Panel – <i>Edward Ehlinger, Facilitator</i> <i>Ken Bence</i> <i>Margaret Anderson Kelliher</i> <i>Patricia McGovern</i> <i>Jeff Schiff</i>
4:00	Adjourn

Disability Accommodations

To request disability accommodations or a copy of this publication in an alternative format, please contact Marianne Keuhn at 952-835-3033 ext. 304 or by email at mkeuhn@marchofdimes.com

REGISTRATION FORM

Preconception Care Conference

Friday, October 5, 2007
Minnesota Department of Health
Snelling Office Park
1645 Energy Park Drive
St. Paul, MN 55108

First Name _____
Last Name _____
Title/Position _____
Employer/Organization _____
Daytime phone _____ Fax _____
E-mail _____
Street Address _____
City/State/Zip _____

May we include your name in our registrants' list to be distributed at the Conference? Yes No

REGISTRATION FEES

Fees include tuition, syllabus, continental breakfast, lunch, and refreshments.

Registration fee \$95.00* Student rate \$50.00*

*** Reduced fee (\$50 off registration cost) is available to participants who agree to participate in a pre-test and post-test (2 months following conference). To take the pre-test, go to:**

<http://www.health.state.mn.us/divs/fh/mch/preconception/pre>

To receive the reduced fee you must register by Friday, September 21. Registration is open through Friday, October 5 as space remains available. **Space is limited to the first 150 registrants.** Walk-ins and late registrations will be permitted without a reduced fee until a maximum of 150 participants is reached. To check space availability please contact Marianne Keuhn at 952-835-3033 ext. 304.

PAYMENT AND REGISTRATION METHOD

Check (payable to the March of Dimes)
 VISA MasterCard American Express

Cardholder Name _____
Card Number _____
Expiration Date _____
Signature _____

TO REGISTER

You may register using one of the following methods:

ONLINE: Go to www.marchofdimes.com/minnesota

FAX: 952-835-8661 (attn: Marianne Keuhn)

MAIL: Marianne Keuhn, March of Dimes, 5233 Edina Industrial Boulevard,
Edina, MN 55439

LUNCHEON PREFERENCE (circle one) : Vegetarian Beef Turkey

Questions? Call Marianne Keuhn at 952-835-3033 ext. 304.

A refund will be made if written cancellation of registration is received by Friday, September 21. A full refund will be made if the program is not held. The Conference Planning Committee reserves the right to cancel the program if necessary.

Center for Leadership Education in Maternal and Child Public Health
Division of Epidemiology and Community Health
School of Public Health
University of Minnesota
1300 S. 2nd St., Suite 300
Minneapolis, MN 55454



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Deborah E. Powell Center
for Women's Health
A Nationally Designated Center of Excellence



Maternal and Child Health Bureau,
Health Resources and Services Administration,
U.S. Department of Health and Human Services

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