

Minnesota Sexuality Education Resource Review Panel

Summary of Panel Review

Review Date – June 2008

Me, Myself and I (2007)

Format: DVD & Lesson Plan (12.5 Minutes)

Target Audience: Stated audience: No Audience Stated
Recommended by panel: 10th - 12th Grade

Cost: DVD \$89.00

Distributor: Scenarios USA

80 Hanson Place Suite 305, Brooklyn NY 11217 • 718.230.5125 • www.scenariosusa.org

The Minnesota Sexuality Education Resource Review Panel **Does not recommend** use of this video for the following reasons and with the following reservations:

Review Summary:

Me, Myself and I is a video written by a 17 year old, it illustrates how one high school female makes decisions on her own without allowing other people's views to stand in her way. Scenarios USA, the distributor of **Me, Myself and I** states that the video addresses gender stereotypes, peer pressure and self-confidence. The video can be viewed online and lesson plan can be downloaded for free online.

The panel **does not recommend Me, Myself and I** for the following reasons:

- Is focused on sexual violence and not on pregnancy or STI prevention.
- Depicts negative stereotypes of male youth.
- Video activities do not include discussion of the keys issues in the video (sexual violence, coercion).

The panel appreciates the following elements of **Me, Myself and I**:

- Well produced, and employs up to date clothes and music.
- Shows a realistic view of a personal battle between positive and negative choices.

Overall, the panel **does not recommend** the **Me, Myself and I** for use as a sexuality education resource.

Assessment Criteria	Mean Score (1-5)	Additional Information
Information is medically accurate and presented using the correct terminology	1.2	
Focuses on clear health goals: prevention of STI, HIV and/or pregnancy	1.5	<u>This resource focused on:</u> HIV/STI, Pregnancy & Growth and development

Does the material guide participant or learner to acquire new skills?	1.9	<u>The panel acknowledges that this resource guides the participant/learner to acquire the following skills</u> <ul style="list-style-type: none"> • Problem solving/Conflict resolution • Assertiveness
Does this resource address multiple factors affecting sexual behaviors	1.7	<u>According to the panel, this resource addresses the following factor(s) that affect sexual behavior(s):</u> <ul style="list-style-type: none"> • Personal values about sex and abstinence. • Perception of peer norms about sex and perception of peer sexual behavior. • Self-efficacy to refuse sex and to use condoms. • Intention to abstain from sex or to restrict frequency of sex or number of sexual partners.
Create a safe social environment for youth to participate	1.1	<ul style="list-style-type: none"> • The video normalizes sexual harm. Shows sexually violent scenes and does not show positive male behavior. • Study guide does not address the sexual violence aspects of the film. This resource does not give participants the opportunity to discuss potential feelings it brings up or time to decompress.
Employs instructionally sound teaching methods and activities that engage learners	2.2	<u>The panel recognizes that the following elements are present in this resource as a way to engage learners:</u> <ul style="list-style-type: none"> • Class discussions • Small group work • Role plays
Target audience	7 – 9 grades 10 – 12 grades	<u>The panel feels that the following people group and/or demographic area were considered in this resource:</u> Race/Ethnicity: Latino/Hispanic Urban Suburban
Cultural & developmentally appropriate	2.1	<ul style="list-style-type: none"> • Reinforce stereotypes of men and Latino cultures. • Targets a specific age range but not so good on culture (stereotypes on Latino men). • Situation is realistic.
Organization of resource	2.4	<u>The panel finds that the resource:</u> <ul style="list-style-type: none"> • Covers topic(s) in a logical sequence. • Minimal assembly or preparation time required.
Facilitation Skills Required How knowledgeable and skilled must the facilitator be to use this resource effectively?		Requires leader with strong content knowledge and group skills.
Presentation Quality How appealing is the resource, e.g, up-to-date graphics, appealing to look at, easy to read, etc.	2.8	Study guide plain and simple, not intended for students use.
Overall Recommendation		<ul style="list-style-type: none"> ▪ Recommend Highly - 0 ▪ Recommend - 2 ▪ Recommend with Reservations - 1 ▪ Reject - 15

Review Summary of *Me, Myself and I* (2007)