

Minnesota Sexuality Education Resource Review Panel

Summary of Panel Review

Review Date – September 2009

Be Proud! Be Responsible! 3^d Edition (2006)

Format: Curriculum

Target Audience: Stated audience: Young African-American, Hispanic and White adolescents, ages 13-18
Recommended by panel: Grades 7-12

Cost: \$145 (Basic Package: 150 page facilitator manual; Activity Set (consists of interactive cards, role-plays and posters) and Video clips

Distributor: Select Media, Inc.
190 Route 17M, Harriman, NY 10926 • (800) 343-5540 • www.selectmedia.org

The Minnesota Sexuality Education Resource Review Panel **Recommends** use of this curricula for the following reasons and with the following reservations:

Review Summary:

The *Be Proud! Be Responsible! Strategies to Empower Youth to Reduce Their Risk for HIV/AIDS* curriculum, is a six module program, which can be implemented in a variety of ways, from six - one hour sessions to a one day – five hour session with breaks. According to Select Media, the curriculum provides adolescents with knowledge, motivation and skills necessary to change their behaviors in ways that will reduce their risk of contracting HIV and other sexually transmitted diseases. The curriculum employs a variety of teaching strategies including, but not limited to modeling, role playing and working with small groups.

The panel **recommends** the *Be Proud! Be Responsible!* for the following reasons:

- Curriculum is six sessions. Length of material will assist facilitator in being true to the model (fidelity).
- Could be used in a variety of settings, especially community-based organizations.
- Resource includes thorough instructions and would be helpful for facilitators with little experience.

The panel has concerns about the following elements of *Be Proud! Be Responsible!*:

- Several of the items included are out of date and there is no discussion about current HIV testing methods.
- Some activities do not allow students to pass, which may impede students from feeling safe.

Overall, the panel **recommends** the *Be Proud! Be Responsible!* for use as a sexuality education resource. The panel did not have the opportunity to view the videos associated with Be Proud! Be Responsible!; this review is solely about the curriculum itself.

Assessment Criteria	Mean Score (1-5)	Additional Information
Information is medically accurate and presented using the correct terminology	3.1	<ul style="list-style-type: none">• Inclusion of questionable advice in curriculum, such as, anal intercourse should be avoided completely.
Focuses on clear health goals: prevention of STI, HIV and/or pregnancy	4.5	<u>This resource focuses on:</u> HIV/STI
Does the material guide participant or learner to acquire new skills?	4.1	<u>The panel acknowledges that this resource guides the participant/learner to acquire the following skills</u> problem solving/ conflict resolution; decision making respect; assertiveness

Does this resource address multiple factors affecting sexual behaviors	3.9	<p><u>According to the panel, this resource addresses the following factor(s) that affect sexual behavior(s):</u></p> <ul style="list-style-type: none"> • Knowledge, including knowledge of sexual issues, HIV, other STI and pregnancy (including methods of prevention) • Perception of HIV risk • Attitude towards condoms (including perceived barriers to their use) • Perception of peer norms about sex and perception of peer sexual behavior • Self-efficacy to refuse sex and to use condoms • Intention to abstain from sex or to restrict frequency of sex or number of sexual partners • Self-efficacy to avoid STI/HIV risk and risk behaviors • Intention to use a condom
Create a safe social environment for youth to participate	3.3	<ul style="list-style-type: none"> • Curriculum works to create community and effectively creates group consensus in a short amount of time (six lessons)
Employs instructionally sound teaching methods and activities that engage learners	4.1	<p><u>The panel recognizes the following elements are present in this resource as a way to engage learners:</u></p> <ul style="list-style-type: none"> • Short lectures • Class discussions • Small group work • Role plays • Competitive games • Student centered activities • Forced-choice activities • Surveys of attitudes and intentions • Problems-solving activities • Condom demonstrations
Target audience	7 – 9 grades 10 – 12 grades	<p><u>The panel feels the following people group and/or demographic area were considered in this resource:</u> Race/Ethnicity: African-American Hispanic, Caucasian Urban</p>
Culturally and developmentally appropriate	3.4	
Organization of resource	4.2	<p><u>The panel finds the resource:</u></p> <ul style="list-style-type: none"> • Covers topics in a logical sequence • Is well organized with clear and thorough instructions • Requires minimal assembly and minimal preparation time
Facilitation Skills Required How knowledgeable and skilled must the facilitator be to use this resource effectively?		Requires leader with moderate content knowledge and group skills
Presentation Quality How appealing is the resource, e.g, up-to-date graphics, appealing to look at, easy to read, etc.	3	
Overall Recommendation		<ul style="list-style-type: none"> ▪ Recommend Highly - 1 ▪ Recommend - 8 ▪ Recommend with Reservations - 2 ▪ Reject – 0