

Minnesota Sexuality Education Resource Review Panel

Summary of Panel Review

Review Date: November 2004

***Angel of Mine: A Story of Teen Pregnancy and Parenthood* (1997)**

Video (25 min)

Target Audience: grades 7-12

Cost: 95.00

The Bureau for At-Risk Youth- A Guidance Channel Company

P.O. Box 9120, Plainview, NY 11803 • 800-431-1934 • www.at-risk.com

The Minnesota Sexuality Education Resource Review Panel **Recommends the use of this video for the following reasons and with the following reservations:**

Review Summary:

This video portrays two teens whose plans for the future change abruptly when they face an unplanned pregnancy. The video deals with their decision to have sex, the consequences of having unprotected sex, and the impact the baby has on their relationship and their choices for their lives.

The video uses dramatization to highlight the realities of teen parenthood and the struggles of a young couple. The panel felt that the video realistically portrays the evolution of the couple's relationship, with a storyline and dialogue that are believable and engaging.

This is not a video that provides much information, but rather serves as a discussion starter about sexual decision-making, communication, and the consequences of unintended pregnancy. The panel felt that the activities in the discussion guide strengthen the effectiveness of video. They recommend that the leader use the suggested activities to focus the discussion, practice communication skills, and role-play ways to deal with social pressures around sexual behaviors.

Overall, the panel **recommends** the use of *Angel of Mine: A Story of Teen Pregnancy and Parenthood*.

Angel of Mine (1997)

| Assessment Criteria | Mean Score | Comments |
|---|------------|--|
| Accuracy of Information - Provides basic, accurate information about teen sexual health, e.g., risks of teen sexual activity, ways to avoid intercourse or use methods of protection against pregnancy and STDs, human growth and development, relationships, etc. | 3.5 | <ul style="list-style-type: none"> ▪ Accurate info about the complexities and struggles of unplanned pregnancy ▪ Provides little information on birth control methods and STD prevention; includes inaccurate information about how long one must take the birth control pill before it is effective in preventing pregnancy. |
| Focus - Focuses on ways to promote sexual health e.g., reducing one or more sexual behaviors that lead to unintended pregnancy or HIV/STD infection; understanding healthy physical/emotional development; developing healthy relationships, etc. | 3.4 | <ul style="list-style-type: none"> ▪ Focuses on the realities of teen pregnancy. Does not focus on pregnancy prevention or sexual health promotion. ▪ Addresses sexual readiness and the consequences of sex. |
| Messages - Delivers and consistently reinforces a clear message, e.g., states message multiple times in multiple ways. | 3.6 | <ul style="list-style-type: none"> ▪ Realistic portrayal of a teen relationship, possible consequences, and sexual readiness |
| Addresses Social Pressures Video demonstrates social pressures that influence sexual behavior. Guide includes activities that address social pressures that influence sexual behavior. | 4.1 4.0 | <ul style="list-style-type: none"> ▪ Acknowledges pressures young people may face around initiating sex in a relationship. ▪ Friends statements provided positive reasons to abstain from sexual activity ▪ Video does not have strong focus on social pressures, however, guide includes activities to practice refusal skills for pressured situations. |
| Communication Skills Video provides examples of being assertive, using negotiation and refusal skills, making decisions, etc. Guide includes activities to practice assertive skills, negotiation and refusal skills, decision-making skills, etc. | 2.3 4.1 | <ul style="list-style-type: none"> ▪ A realistic portrayal of magical thinking and realities of teen relationships. ▪ Video doesn't address communication skills and offers few examples of positive communication, however, guidebook does a good job of providing skill development through role plays and activities on refusal skills. ▪ No real skills taught in video, but a good discussion starter. |
| Teaching Methods Engages participants and helps them personalize information. | 3.9 | <ul style="list-style-type: none"> ▪ Good idea to show the video in segments and do activities in between sections. ▪ Guide gives participants an opportunity to personalize information. |
| Appropriateness for Audience - Incorporates behavioral goals, teaching methods, and materials that are appropriate to the age, sexual experience, and culture of the students (as stated by publisher.) | 3.8 | <ul style="list-style-type: none"> ▪ Especially good for 7-9th graders. Not as appropriate for older teens. |
| Multicultural Perspective This resource is most appropriate for the following audiences. | | <ul style="list-style-type: none"> ▪ One of the few videos that includes an interracial couple. ▪ No references to GLBT teens. ▪ Good for multicultural audiences. |
| Teacher-Friendly ~ Is well organized with clear, thorough instructions or discussion guide. Minimal assembly or preparation time required. | 3.9 | <ul style="list-style-type: none"> ▪ The leaders guide has a lot of very user- friendly activities. |
| Facilitation Skills Required - How knowledgeable and skilled must the facilitator be to use this resource effectively? | | <ul style="list-style-type: none"> ▪ Video should be accompanied by activities/discussion/debriefing about topics raised; otherwise it's just a story. ▪ Video and guide require a leader with moderate content knowledge and group skills. |
| Presentation Quality – How appealing is the product (e.g. visual quality, sound quality, graphics, etc.) ? | 3.8 | <ul style="list-style-type: none"> ▪ Not as high quality as some video, but the realness of it compensates for this weakness. ▪ Overall well done. |
| Overall Recommendation | | <ul style="list-style-type: none"> ▪ Recommend Highly – 3 ▪ Recommend – 9 ▪ Reject - 0 |