Resources for Families on Parent-Child Communication

This document provides a selected list of resources and materials to help parents begin talking with their children about sex. Resources are arranged under: 1) Web sites for parents, 2) Web sites for young people, 3) books and videos, and 4) organizations. Within each category, entries are listed in alphabetical order by organization or title. All the print materials can be ordered from local bookstores or via Advocates’ Web site at http://www.advocatesforyouth.org/parents/resources.htm.

Recommended Web Sites for Parents

- Families Are Talking—http://www.familiesaretalking.org
- Parents’ Sex Ed Center—http://www.advocatesforyouth.org/parents/
- ParentsPlace.com—http://www.parentsplace.com
- Talking with Kids about Tough Issues—http://www.talkingwithkids.org

Recommended Web Sites for Young People

- Ambiente Joven—http://www.ambientejoven.org
- Birds and Bees—http://www.birdsandbees.org
- The Body—http://www.thebody.com
- Go Ask Alice!—http://www.goaskalice.columbia.edu
- I Wanna Know—http://www.iwannaknow.org
- My Sistahs—http://www.mysistahs.org
- My Voice Counts! Youth Action Center—http://www.advocatesforyouth.org/youth/
- OutProud—http://www.outproud.org
- Sex, Etc.—http://www.sxetc.org
- Sex Talk—http://www.sextalk.org
- Teenwire—http://www.teenwire.com
- Youth Resource—http://www.youthresource.com

Recommended Books

**All About Sex: A Family Resource on Sex and Sexuality**
Ronald Filiberti Moglia & Jon Knowles
Three Rivers Press, 1997
ISBN: 0609801465

**Bellybuttons Are Navels**
Mark Schoen
Prometheus Books, 1992
ISBN: 0879755857

**Beyond the Big Talk: Every Parent’s Guide to Raising Sexually Healthy Teens from Middle School to High School and Beyond**
Debra Haffner
New Market Press, 2002
ISBN: 1557045178

**Caution: Do Not Open Until Puberty! An Introduction to Sexuality for Young Adults with Disabilities**
Rick Enright
Devinjer House, 1995
ISBN: 0968041507

**Did the Sun Shine Before You Were Born? A Sex Education Primer**
Sol & Judith Gordon
Aperture, 1974
ISBN: 0893881791

**The Family Guide to Sex and Relationships**
Richard Walker
Macmillan Publishing USA, 1996
ISBN: 002861433X
Flight of the Stork: What Children Think (and When) About Sex and Family Building
Anne C. Berstein
Perspective Press, 1996
ISBN: 0944934099

From Diapers to Dating: A Parent’s Guide to Raising Sexually Healthy Children
Debra W. Haffner
Newmarket Press, 2000
ISBN: 1557044260

The Go Ask Alice Book of Answers: A Guide to Good Physical, Sexual, and Emotional Health
Columbia University’s Health Education Program
ISBN: 0805055703

Happy Birth Day!
Robie Harris
Candlewick Press, 2002
ISBN: 0763609749

“But How’d I Get in There in the First Place?”: Talking to Your Young Child about Sex
Deborah Roffman
Perseus Press, 2002
ISBN: 0738205729

How Can You Tell if You’re Really in Love?
Sol Gordon
Adams Media Corporation, 2001
ISBN: 1580624723

How to Talk to Your Children about AIDS
SIECUS, 1994
www.siecus.org

How You Were Born
Joanna Cole
Morrow, William & Co., 1994
ISBN: 068812061X

It’s Perfectly Normal: Growing Up, Changing Bodies, Sex and Sexual Health
Robie Harris
Candlewick Press, 1996
ISBN: 1564021599

It’s So Amazing: A Book about Eggs, Sperm, Birth, Babies & Families
Robie Harris
Candlewick Press, 2002
ISBN: 0763613215

Lesbian and Gay Youth: Care and Counseling
Donna Futterman & Caitlin Ryan
Columbia University Press, 1998
ISBN: 0231111916

My Body, My Self for Boys: The What’s Happening to My Body? Workbook
Lynda Madaras & Area Madaras
Newmarket Press, 2000
ISBN: 1557044406

My Body, My Self For Girls: The What’s Happening to My Body? Workbook
Lynda Madaras & Area Madaras
Newmarket Press, 2000
ISBN: 1557044414

Now What Do I Do?
Robert Selverstone
SIECUS, 1996
www.siecus.org

Out With It: Gay and Straight Teens Write about Homosexuality
Paul Fell Cartoons, 1996
ISBN: 0966125606

Period
JoAnn Loulan, Bonnie Lopez & Bonnie Worthen
Book Peddlers, 2001
ISBN: 0916773965

Raising a Child Responsibly in a Sexually Permissive World
Sol Gordon & Judith Gordon
Adams Media Corporation, 1999
ISBN: 1580621775

Raising Sexually Healthy Children: A Loving Guide for Parents, Teachers and Care-Givers
Lynn Leight
Morrow, William & Co, 1990
ISBN: 0380708574

Sex and Sensibility: The Thinking Parent’s Guide to Talking Sense about Sex
Deborah Roffman
Perseus Press, 2001
ISBN: 0738205206

The Sex Education Dictionary for Teens and Preteens
Dean Hoch & Nancy Hoch
Landmark Publishing, 1990
ISBN: 0962420905
Recommended Videos*

**In Our Own Words: Teens and AIDS**
Family Health Productions, Inc., 1995
Boston, MA

**The Power of Girls: Inside and Out**
Family Health Productions, Inc., 2003
Boston, MA

**Raising Healthy Kids: Families Talk About Sexual Health**
Family Health Productions, Inc., 1997
Boston, MA

**Talking About Sex: A Guide for Families**
Planned Parenthood Federation of America, 1996
New York, NY

*See the list of recommended organizations for address information to order videos.*