



Let's
Talk
About . . .

Parents as Sex Educators – Questions Commonly Asked by Adolescents (ages 12-18)

1. What is abstinence?
2. Why do people have sex? Is love a good reason to have sex?
3. When do people start having sex? Do people stop having sex at a certain age?
4. At what age is it best to have children?
5. How do you know if you are in love or if it is a crush?
6. What is the difference between sex and making love?
7. How does it feel to make love?
8. What is an orgasm? Do girls have orgasms?
9. Why do some adults think sex is bad?
10. Did you (Mom/Dad/other adult) have sex before you were married?
11. Why does it seem like guys always want sex?
12. Does intercourse hurt the first time?
13. What is oral sex?
14. Can you get pregnant without having intercourse?
15. What do you have to do to get pregnant?
16. How many minutes do you need to have intercourse?
17. How many days of the month can you get pregnant?
18. How do homosexuals have sex?
19. When should a girl begin going to a woman's doctor? (OB/Gyn)
20. Why do some boys/girls talk about people they have had sexual experiences with?
21. How do you let someone know you don't like him/her anymore?
22. What is a good way to say "no" to a boy/girl?
23. What's wrong with magazines with nude pictures?
24. What does "coming" or "busting a nut" mean?
25. What are the first signs of pregnancy?
26. What is an STD/STI (Sexually Transmitted Disease/Infection)?
27. What is the best birth control method?
28. Why are periods irregular sometimes?
29. Can you get pregnant when you have your period?
30. How do you use tampons?

Source: Minnesota Institute of Public Health, 1985; Revised July 2001 by Rebecca Bedner, Family Tree Clinic.

