

# Making Sense of Abstinence

Lessons for Comprehensive Sexuality Education  
Wednesday, February 8, 2006

This workshop introduces participants to ***Making Sense of Abstinence***, a curriculum that takes abstinence beyond a one-dimensional scope of “just say no.” It utilizes positive and engaging activities to help young people think about abstinence in a way that values their ability to make decisions.

Trainer: Bill Taverner

The Center for Family Life Education, Planned Parenthood of Greater New Jersey

## Location:

Minnesota Department of  
Education - 1500 Highway 36 W  
Roseville, MN 55113  
(Conference Center B at west end of  
building)

## Time:

8:30 a.m. Registration  
9:00 a.m. – 4:00 p.m.

## Cost: \$50.00

Includes lunch and curriculum

## In this program, participants will:

1. Examine their own backgrounds, attitudes, and feelings regarding abstinence and abstinence education.
2. Recognize the importance of educating about abstinence as a part of comprehensive sex education.
3. Identify what behaviors different definitions of abstinence ***prohibit*** and what they might ***permit***.
4. Recognize that abstinence education includes helping students know how to protect themselves if/when their abstinence decisions change.
5. Identify strategies to help students develop decision-making and communication skills needed to use abstinence.

Please complete the attached registration form and send or fax it with payment to: MOAPPP

**For more information** contact Leah Sweet at 651.644.1447 x12 [leah@moappp.org](mailto:leah@moappp.org)

Certificates of attendance with clock hours will be available.



Minnesota Department of  
Education  
Safe & Healthy Learners

 Planned Parenthood  
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**Making Sense of Abstinence • Registration Form**

**Please print clearly**

**Name:** \_\_\_\_\_

**Agency/School:** \_\_\_\_\_

**Program:** \_\_\_\_\_

**Job Title:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **Zip:** \_\_\_\_\_ **County:** \_\_\_\_\_

**E-mail:** \_\_\_\_\_ **Phone:** (\_\_\_\_) \_\_\_\_\_

Please check if vegetarian lunch is required.

**Method of Payment (please choose one)**

Check made payable to MOAPPP

Credit Card (circle one)

Visa      MasterCard      Card #: \_\_\_\_\_      Exp Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Name, billing address and zip code for credit card

\_\_\_\_\_  
(Note: Statement will reflect a charge from MOAPPP)

**Registration is required by January 27, 2006. Space is limited, please register early. Mail or fax registration form, along with registration fee payable to MOAPPP to:**

**MOAPPP**

**Attn: Making Sense of Abstinence**

**1619 Dayton Ave Suite 111, Saint Paul, MN 55104**

**Fax: 651-644-1417**

Location is wheelchair accessible. Reasonable accommodations for people with disabilities will be provided, but must be requested at least two weeks prior to the forum. Accommodation request: