

Save the Date

MOAPPP's 18th Annual Conference

May 7-8, 2009

Earle Brown Heritage Center, Brooklyn Center, MN

MOAPPP's Annual Conference offers two days of dynamic speakers, challenging workshops and countless opportunities for networking and conversation. Detailed program information and registration will be available February 2009.

Join MOAPPP Today!

Become a MOAPPP member and be a part of the largest member-based organization in the state of Minnesota dedicated to adolescent pregnancy prevention and adolescent parent support. Member benefits include:

- A complimentary professional publication when you join and every year you renew.
- Advance notice and reduced rates for MOAPPP-sponsored trainings and the MOAPPP annual conference.
- Subscription to the eight-page *Monitor* and monthly electronic E-Monthly filled with current information, research and resources.
- **Plus more...**

MOAPPP offers membership at three levels: Organization (includes up to five staff) \$100 per year; Individual \$35 per year and Student \$15 per year.

To join today... go to MOAPPP's website at www.moapppp.org and click on Become a Member or call 651-644-1447 x10.

1619 Dayton Avenue, Suite 111, St. Paul, MN 55104

Minnesota's
resource
for teen
pregnancy
information
MOAPPP
Minnesota Organization on
Adolescent Pregnancy, Prevention and Parenting

MOAPPP Training and Education Calendar

June - December
2008



Minnesota Organization on Adolescent Pregnancy, Prevention and Parenting

MOAPPP is dedicated to developing and strengthening policies and programs that promote adolescent sexual health, prevent adolescent pregnancy and support adolescent parents. MOAPPP provides resources, training, education and advocacy throughout Minnesota.

This calendar reflects the training and education opportunities offered by MOAPPP, solely or in partnership with other organizations, from June through December 2008. Some programs are offered in multiple locations. Detailed program information and registration materials will be available on the MOAPPP website, www.moappp.org, six weeks prior to each event.

We invite you to take advantage of these opportunities to gain valuable information, build your capacity to provide effective services and programs, and network with other youth serving professionals from around the state. If you have questions or need additional information, please contact MOAPPP at moappp@moappp.org or 651-644-1447 x10.

**Developing Programs that Fit Your Youth:
A Two-day Training on Program Assessment and Design**

June 17 – 18, 2008, 8:30 a.m. – 4:00 p.m.

Temple of Aaron, St. Paul, MN

\$100 MOAPPP member/\$135 Non-member

(Registration fee is reduced if two or more participants register from the same organization)

A program that works in one community may or may not match the needs, knowledge and/or values of another. How do you ensure that the program you design fits the youth you serve? The overall goal of this two-day training is to strengthen your capacity to assess the youth populations you serve so you can implement, improve and/or develop appropriate pregnancy and HIV prevention programs. Led by national experts from Healthy Teen Network & ETR Associates, this training provides tools to conduct a needs assessment, develop a data collection plan and build a logic model to use in youth programming. For maximum benefit, organizations are encouraged to send a team of two or more to the training.

2008 Summer Institute in Adolescent Health

Sexual Health for All Youth: Are We There Yet?

July 28 – 30, 2008

Minnesota Department of Education Conference Center, Roseville, MN

\$240

Sexual health for all young people — a challenging yet achievable goal — requires that every young person, even the most marginalized, have the skills for making healthy decisions. This institute offers three days of presentations and small group discussions led by national and local experts, that focus on effective strategies for supporting healthy sexual development for all young people.

Sponsored by the Center for Adolescent Nursing, University of Minnesota, School of Nursing. Co-sponsored by Coordinated School Health, Minnesota Department of Education; and Healthy Youth Development-Prevention Research Center and Konopka Institute, Division of Adolescent Health and Medicine, Department of Pediatrics, Medical School, University of Minnesota; and MOAPPP.



**From Research to Practice: Designing Youth-Friendly
Reproductive Health Services**

August 11, 2008, 1:00 – 5:00 p.m.

Rondo Community Library, St. Paul, MN

\$30 MOAPPP Member/\$65 Non-member

This workshop is for health educators, family planning clinic staff and youth-serving professionals. Laura Davis, Advocates for Youth, Washington, DC, reviews the latest research on adolescent contraceptive use, addresses best practices for youth-friendly reproductive health services, explores ways to expand contraceptive and condom access for underserved teens, and provides information on replicable, evaluated programs. This program is offered in conjunction with the Minnesota Reproductive Health Update.

Minnesota Reproductive Health Update

August 12, 2008, 9:00 a.m. – 5:00 p.m.

University of MN Continuing Ed. and Conference Center, St. Paul Campus

\$115

This training provides the latest information in reproductive health practice, research, and technology. Specialists in the field will address a range of topics including Contraceptive Technologies, Marketing to Male Clients, Cultural Competence, STIs in Minnesota, and Adolescent Health. This workshop is designed for nurses, clinicians, health educators and other health care providers who are interested in current information on reproductive health issues. Both nursing and CHES continuing education contact hours will be offered for this training.

Sponsored by Health Care Education and Training, Inc. Co-sponsored by Healthy Youth Development-Prevention Research Center, Division of Adolescent Health and Medicine, Department of Pediatrics, Medical School, University of Minnesota and MOAPPP.

**Overcoming Health Barriers in Minnesota's Somali and
East African Communities**

September 18, 2008, 9:00 a.m. – 12:00 p.m.

Center For Families, Minneapolis, MN

\$25 MOAPPP Member/Non-member

A comprehensive understanding of the needs, knowledge, religious and cultural beliefs about general and sexual health is critical to improving the health and wellness of refugee youth and families in the Somali and East African communities of Minnesota. This training, led by Dr. Osman M. Ahmed, will cover health promotion and education, disease prevention, religious and economic barriers, misconceptions and facts about contraceptive use, and sexual health issues. Participants will leave with a clearer understanding of what is needed to engage these communities, overcome barriers and provide culturally responsive services and support.

Teen Pregnancy Prevention 101

September 24, 2008, 9:00 a.m. – 3:30 p.m.

American Red Cross, St. Cloud, MN

\$50 MOAPPP Member/\$85 Non-member

This training is intended for professionals new to the field of teen pregnancy prevention. Participants will review the basics of teen pregnancy prevention including pregnancy, STI and birth statistics; trends in teen pregnancy and sexual behaviors; basics of adolescent growth and development; risk and protective factors associated with teen pregnancy; and prevention strategies that work. Each participant will leave with a basic understanding of current research and resources in teen pregnancy prevention, what to do to promote adolescent sexual health and where to go for more information and support. This training is offered twice a year at various locations across Minnesota.



**ADOLESCENT
parent
network**

**Relationship Matters: Promoting Secure
Attachment in Young Families**

October 1, 2008, 11:00 a.m. – 4:30 p.m.

Rondo Community Library, St. Paul, MN

October 23, 2008, 9:30 a.m. – 3:00 p.m.

First Lutheran Church, Bemidji, MN

October 29, 2008, 9:30 a.m. – 3:00 p.m.

Blue Earth Public Library, Mankato, MN

\$50 MOAPPP member/\$85 Non-member

Relationship drives many aspects of infant development, including cognitive, emotional and social development. This workshop focuses on the importance of relationship — between adolescent parents and their children and between young families and the professionals who work with them. It will offer insights into the strengths and challenges experienced by adolescent parents and their children, and provide strategies for fostering relationships that lead to the healthy development of children.



**Right From the Start: Parents as
Sexuality Educators**

October 7, 2008, 9:30 a.m. – 3:00 p.m.

Hopkins Center for the Arts, Hopkins, MN

\$50 MOAPPP member/\$85 Non-member

Even in today's media saturated culture, research demonstrates that parents and caregivers are the most significant influence in the lives of young people and are their most effective buffer against risk taking behaviors. Deborah Roffman, nationally known author and family life educator, will explore effective strategies for supporting parents and caregivers as primary sexuality educators of their children. Ms. Roffman will share her insights, humor and practical applications based on decades of experience working in the classroom and with parents and professionals.

Co-sponsored by Hennepin County Human Services and Public Health Department, Public Health Promotion; Planned Parenthood MN, ND, SD; and MOAPPP.

It's That Easy Facilitator Training

October 28 – 29, 2008, 8:30 a.m. – 4:00 p.m.

AmericInn, Fergus Falls, MN

November 12 – 13, 2008, 8:30 a.m. – 4:00 p.m.

Ramsey County Public Works, Arden Hills, MN

\$100 MOAPPP member/\$135 Non-member

This training offers tools and techniques to engage parents/caregivers in developmentally appropriate approaches to raising sexually healthy children. Topics include attachment and parent-child connectedness, stages of sexual development, sharing family values on sexuality and healthy relationships, and influences of media and popular culture. This training is designed for professionals who work with parents/caregivers of children birth to 18. Participants receive the *It's That Easy* manual for implementation in their communities.

