



MOAPPP

Minnesota Organization on Adolescent
Pregnancy, Prevention and Parenting

2006-2007
Annual Report

Minnesota's
resource
MOAPPP
for teen
pregnancy
information

MOAPPP Mission

Develop and strengthen policies and programs that promote adolescent sexual health, prevent adolescent pregnancy and support adolescent parents.

What we do

MOAPPP helps youth-serving individuals and organizations across Minnesota be more effective in their work to prevent adolescent pregnancy and to support adolescent parents.

Why we do it

- 18 adolescent girls became pregnant every day in Minnesota in 2005
- Adolescents accounted for nearly one-third of all chlamydia cases and one-fourth of all gonorrhea cases in Minnesota in 2006
- Adolescent pregnancy and birth rates among populations of color are disproportionately high in Minnesota

- 13% of high school females and 5% of high school males report an adult has sexually abused them
- In addition to living in a culture filled with risk factors, many adolescents live in environments lacking any protective factors

How we do it

MOAPPP provides statewide leadership and support through resources, training, public policy, outreach and communications.

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Dear Friends,

We are pleased to share our 2006-2007 annual report which will provide you with program highlights and a financial summary of our work from this past year. We hope it will offer you a better understanding of **the important role MOAPPP plays** in Minnesota to develop and strengthen policies and programs that promote adolescent sexual health, prevent adolescent pregnancy and support adolescent parents.

Some **MOAPPP highlights** from the past year include bringing together more than 350 participants from all over the Midwest for our 16th annual conference, creating 15 other training opportunities for people who care about youth; successfully advocating for quality sexuality education in the schools; developing a more focused response to the needs of professionals serving adolescent parents, establishing new relationships in emerging immigrant communities; and receiving increased recognition from media outlets as an expert in our focus areas.

The work we do comes with many challenges: understanding the causes and consequences of adolescent pregnancy, translating those into usable resources, designing and delivering quality trainings, navigating political minefields and communicating with diverse audiences are the means through which we address complicated social issues. Those groups who disagree with our approach are well connected and media-savvy, and we often find ourselves defending the status quo instead of making strides toward the future.

We know we have the best interests of young people at heart, and we know we have the evidence to support our work. Our continued partnership with the Centers for Disease Control and Prevention to promote science-based approaches to adolescent pregnancy prevention allows us to provide access for local organizations to national experts like the National Campaign to Prevent Teen and Unintended Pregnancy, Advocates for Youth and Healthy Teen Network. There is an amazing network of national, state and local organizations working to improve young peoples' lives, and **MOAPPP strives to be the place where they intersect.**

None of this would be possible without MOAPPP's members, donors and funders—in other words, you. We hope the stories inside will inspire your continued support of our efforts on behalf of Minnesota youth. On their behalf, we say **"thank you!"**

Sincerely,

Brigid Riley, MPH
Executive Director

Elizabeth C. Grant
President, Board of Directors

MOAPPP Value
Young people are positive
assets and make significant
contributions to their
communities.



Resources

MOAPPP is the resource for science-based information on adolescent sexual health, pregnancy prevention and parenting in Minnesota.

HIGHLIGHTS

MOAPPP's 2007 Minnesota Adolescent State and County Adolescent Sexual Health Reports contained the most current state and county statistics available on adolescent sexual health, pregnancy, birth and STI rates.

We updated the curriculum section of our website quarterly with recommendations and reviews of current adolescent sexual health resources for use in schools and communities. 16 different resources were reviewed this past year and 6 were recommended for use.

SUCCESS STORY

Minnesota Sexuality Education Resource Review Panel (MSERRP) For Molly Snuggerud of West Suburban Teen Clinic, "Learning about the best and most current sexual health curriculum available is

only one of the many advantages my agency receives from being involved with this panel."

MSERRP is made up of 30 sexuality education and HIV prevention experts representing community-based and statewide organizations. Together they approve materials that support comprehensive sexuality education. MOAPPP coordinates MSERRP and compiles descriptions of the resources in one easy-to-access location on its web site.

Snuggerud added, "The opportunity to sit around a table with other adolescent health providers from around the state, having access to that volume of professional perspective, knowledge and experience, helps us so much in our work here at West Suburban and enables us to be more skilled and knowledgeable for the young people we serve."

MOAPPP Value

Young parents are as likely to succeed in life as other youth when they receive appropriate social support.

Training

MOAPPP provides training and educational forums to Minnesota professionals who deliver programs and services to young people.

TRAINING HIGHLIGHTS

The MOAPPP 16th Annual Conference (May 3-4, 2007) attracted more than 350 Minnesota practitioners in health care, education, social service and youth development. We featured three national keynote presentations: *Promises I Can Keep: Why Poor Women Put Motherhood Before Marriage* by Dr. Kathryn Edin; *Framing the Issues We Care About* by Dr. Lawrence Wallack; and *The Power of You: Creating and Sustaining Positive Change* by Dr. Verna Comelia Price. We also offered 25 workshops delivered by local and regional experts.

We sponsored or collaborated on 15 other trainings, workshops and events during the year for service providers, policy makers and parents on topics related to adolescent pregnancy prevention, adolescent parenting, youth development, responsible sexuality education, coalition-building and advocacy skills.

We continued to provide our "one-stop" calendar of statewide and regional trainings for professionals who work in the fields of adolescent sexual health, adolescent pregnancy prevention and adolescent parenting. The only resource of its kind in Minnesota, it has become the most frequently visited spot on MOAPPP's website.

SUCCESS STORY

Reflective practice workshops

Professionals who work with young moms often are caught between "what's real" for mom and "what's best" for baby, an emotional no-man's land that makes for challenging, high burn-out work. MOAPPP partnered with the Center for Early Education and Development (CEED) to introduce the process of reflective practice to adolescent parent providers. Engaging in reflective practice provides adolescent parent professionals with a way to later assess challenging situations in a supportive environment focused on professional growth.

"Reflective practice helps me to support the interests and needs of both mom and baby and I am better able to stay focused on ways that will encourage attachment between them," said one workshop participant. "Learning the practice of reflection and having the opportunity to do it with my colleagues has helped me remain emotionally available and connected, within appropriate professional boundaries, to the young moms who I work with. I know my relationships with the young moms have improved, which is good for everyone: mom, baby and me."



MOAPPP Value

Science-based approaches to adolescent sexual health, pregnancy and parenting will have the most positive effect in young people's lives.

Public policy

MOAPPP is committed to advancing science-based public policies to promote adolescent sexual health, prevent adolescent pregnancy and support adolescent parents.

HIGHLIGHTS

The key issues on our 2007 legislative agenda included support for out-of-school funding, support for adolescent access to and funding for family planning services. We also advocated for technical assistance for adolescent parent providers in education, social services and health by way of increased funding and improved state-level coordination.

Convened the Sexuality Education for Life (SEFL) coalition with the Minnesota AIDS Project and advocated for the Responsible Family Life and Sexuality Education bill which would have required sexuality education in Minnesota public schools for grades 7-12. The bill made it farther than it ever has before in the legislative process but fell short of being signed into law.

Conducted over 10 presentations or trainings for youth and adults on why and how to advocate with their legislators and other decision-makers for policies and programs that will protect adolescents from too-early sexual activity and unintended pregnancy, and support adolescent parents and their children.

SUCCESS STORY

Modification of child care policy

MOAPPP spoke as the "voice" of adolescent parents when a coalition of children's advocates proposed a change to Minnesota's Child Care Assistance Program (CCAP) during the 2007 legislative session. A component of the program ("absent day policy") did not allow child care providers serving CCAP families to be reimbursed if the child was absent more than 25 days. Circumstances common to teen parents make for frequent absences, setting them up to lose their child care.

"MOAPPP played an important role in gaining the support of legislators, county leaders and other decision-makers to modify the 25-day absence rule for student teen parents," said Barb Kyle, coordinator of the Minneapolis Public School District Teenage Pregnancy and Parenting Program. "MOAPPP's participation in this policy change effort made a difference for all the teens and children we serve."

Outreach

MOAPPP works closely with specific communities most at risk for adolescent pregnancy to identify prevention strategies that are relevant and respectful.

HIGHLIGHTS

Helped plan the Minnesota Office of Minority & Multicultural Health HIV/AIDS conference, the Minneapolis Urban League African American Girls Conference and provided ongoing technical assistance to the Southside Community Health Services and Neighborhood House Plain Talk sites.

MOAPPP's Adolescent Parent Network (APN) resource directory continued to connect pregnant and parenting adolescents throughout Minnesota with resources. Additionally, we participated in the Northwest Hennepin County Teen Parent Connection strategic planning process and advocacy task force, the Minneapolis Teen Parent Connection and served on the advisory committee for the Ramsey County Teen Parent Program study. At a national level we participated on the Healthy Teen Network Young Families committee.

SUCCESS STORY

Somali Family & Children's Services

Hassa Ugass and Abdul Mohamed, both Somali immigrants, formed the Center for Somali Families and Children. Though all families are challenged with raising their children in an over-sexualized American culture, religious beliefs and cultural traditions make it especially hard for Somali parents to discuss sexual topics with their youth.

MOAPPP introduced Ugass and Mohamed to the Teen Outreach Program (TOP), which has been proven to reduce all types of youth risk behaviors in many different communities. They attended a training session offered by MOAPPP and wrote their first large grant proposal.

Mohamed said, "It is great that there is someone providing information to Somali communities and actually partnering with Somali professionals to ensure that culturally sensitive topics like teen pregnancy are provided through Somali people to Somali people."

Communications

MOAPPP strives to keep professionals, policy makers and the public informed about the important issues relevant to adolescent sexual health.

HIGHLIGHTS

Provided the most current, science-based information, resources and news related to adolescent pregnancy prevention and parenting in Minnesota through the **E-Monthly** (3500 subscribers monthly), the **Monitor** (1500 subscribers quarterly), the **MOAPPP website** (2,400 unique visitors and 3,400 total visits monthly) and **media outreach** (Twin Cities and Greater Minnesota). MOAPPP was represented in various forms of the media over 10 times this past year.

SUCCESS STORY

Keeping professionals informed
 Busy professionals in the field rely on MOAPPP to keep them up to speed, and MOAPPP frequently hears how much they rely on the E-Monthly. "What I really appreciate about the E-Monthly is that it's all the best, most current information, condensed and easy to comb

through," said Mary Doyle, Project and Training Coordinator at the University of Minnesota Konopka Institute, a center for adolescent health and development. "I often pass the information along to others who work in this field within the state and around the country—it makes me look smart!"

In addition, MOAPPP's website has become the go-to resource for adolescent pregnancy prevention and adolescent parenting information. Updated weekly, it's relied on by a range of professionals, including county and school district personnel—and even young people themselves. A Wayzata High School student told us, "I heard about MOAPPP through my counselor at school. Your website gave me a lot of information for a senior project I did. I learned a lot about the great work you do, so I thought it was important to support you and be a part of MOAPPP as a member."

Where your dollars go

July 1, 2006 - June 30, 2007

TOTAL INCOME \$556,805*

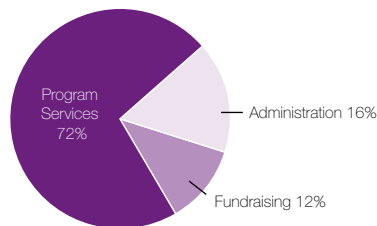
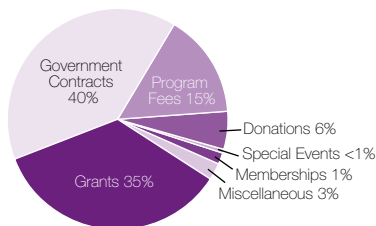
Grants..... \$194,967
 Government Contracts..... \$221,069

Program Fees \$83,745
 Donations \$32,094
 Special Events..... \$2,384
 Memberships \$8,965
 Miscellaneous \$13,581

TOTAL EXPENSE \$600,500*

Program Services \$432,091
 Administration..... \$98,885
 Fundraising \$69,524

**preliminary audit findings*



Thank you donors & members

MOAPPP acknowledges and thanks the following donors for their gifts from July 1, 2006 to June 30, 2007.

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Young people have the right to accurate and complete sexual health information, as well as confidential services.

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MOAPPP's mission is to develop and strengthen policies and programs that promote adolescent sexual health, prevent adolescent pregnancy and support adolescent parents.

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